

## 2016 PLAN REVIEW/TITUS COUNTY

*March 16, 2017*

### MEETING/CONFERENCE CALL PURPOSE

#### Participants:

- Attended: Judge Lee, Commissioners – Al Riddle, Mike Fields, Dana Applewhite, Jimmy Parker, Toni Melton and Steve Capps
- Absent: Christie Davis and Sharon Reynolds

### DISCUSSION SUMMARY


- 2016 Plan Overview & OptumRx Reports
- Signed 2016/2017 Plan Document and Administrative Service Agreement documents
- Out of Network Benefit change recommendation for Cath Labs and Pain Management
- Member communications to assist Titus County members to learn more about Teladoc, their benefits on the UMR portal, etc
- 3D Mammograms – UMR advised that effective 4/1 3D mammograms will no longer be considered experimental. Chris to check and see if Titus County is already covering this service
- Wellness and Biometric services offering by UMR – it was recommended by Toni Melton that Titus County consider having their employees be offered Biometric services

### ACTION ITEMS

- No follow ups for the 2016 Plan Overview & OptumRx reports
- Emailed copies of the signed documents to Toni and Jessica. Once the Administrative Service Agreements are countersigned by UMR – Chris will email final copies to Christie Davis and Toni Melton
- UMR and Higginbotham recommended that Titus County consider making a plan change effective 5/1 or 6/1 that no longer covers Out of Network Cardiac Cath Labs and Pain Management. These costs can be extremely expensive and cost the plan a lot of money unnecessarily when there are in-network providers for these services.



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- Chris will be providing Toni and Jessica with some member communication brochures for consideration for UMR to either mail copies to Higginbotham to stuff and provide to Titus County for distribution with employees paychecks. Or if decided UMR can mail the brochures to each employee's home.
  - 3D Mammograms – Chris reviewed the Titus County Medical account and have confirmed that 3D Mammograms are covered on the plan. There is nothing further that needs to be done. Chris had notified the Judge and Commissioners that UMR no longer consider the 3D Mammogram as experimental as was done in the past.
  - Chris has requested a Biometric Screening and Wellness quote from Underwriting per discussion of ways to offer a screening which may allow members to catch conditions sooner. Also Chris is asking for a Disease Management quote.

